

# PULSE Immersion Weekend

Feb. 22 - 24 | Camp Istrouma

25975 Greenwell Springs Rd, Greenwell Springs, LA 70739

Visit [www.ProLifePulseLA.com](http://www.ProLifePulseLA.com) for necessary forms for THIS camp.

## What to know about PULSE and the Schedule:

There are two separate “tracks” for high school and college students. Pro-life college students will assist with the weekend, but adult chaperones will be present at all times.

If you are participating in the college track, please email [krista@prolifelouisiana.org](mailto:krista@prolifelouisiana.org) concerning check-in details.

**High school registration take place from 5PM—6PM**, and the first session will begin promptly at 6:30PM. Please have your consent form signed by your parent or guardian. Registration will be in the Lake Lodge (see map below). Our camp will largely take place in Wilkes Lodge.

Parents are invited to attend our Commission Ceremony at 11 AM on Sunday, Feb 23rd. The program will end promptly at 12 PM. No lunch will be provided. College students are invited to stay afterwards to help with clean up and take down.

PULSE is open to all religious denominations AND non-religious people, as it is a secular look at the human rights issues of our time, although some speakers may have a Christian perspective.

**The Cost** for a PULSE Immersion Weekend is \$60 by the Early Bird Deadline. Contact [krista@prolifelouisiana.org](mailto:krista@prolifelouisiana.org) (Lafayette Office) or [mia@prolifelouisiana.org](mailto:mia@prolifelouisiana.org) (Baton Rouge/ New Orleans Office) for more information about cost, deadlines, and scholarships available.

## Important Contact Information (Youth Programs Co-Directors of Louisiana Right to Life)

Youth Programs Office	1-866-463-5433	
• Krista Corbello	Cell: 337-366-1681	Email: <a href="mailto:krista@prolifelouisiana.org">krista@prolifelouisiana.org</a>
• Mia Bordlee	Cell: 504-913-4703	Email: <a href="mailto:mia@prolifelouisiana.org">mia@prolifelouisiana.org</a>
• Alex Seghers	Cell: 985-705-6568	Email: <a href="mailto:alex@prolifelouisiana.org">alex@prolifelouisiana.org</a>

Please call or email us with any questions or concerns.

## Parental Concerns:

We abide by common Safe Environment policies:

- Including a strict separation between male and female rooms, and a separation between adults and minors.
- Including non-negotiable "Lights Out" for bedtime.
- Including a proper ratio between 21+ chaperones and 17- minors.
- Including enforced guidelines for safe and positive interactions between adults and minors.

Please contact any of the Youth Programs Office above to view our safety and mission policies, or for any further concerns.

### What to Bring:

- ❑ ALL REQUIRED FORMS FILLED OUT WITH PARENT/GUARDIAN SIGNATURE\*\*\*
  - ❑ LA Right to Life requires a photo release form
- ❑ Sheets, Sleeping Bag, Pillow (Camp Istrouma is cabin-style with twin size bunk beds but **no sheets provided.**)
  - ❑ ALL toiletries & personal needs (Soap, towels & washcloths are **not** provided at ABC.)
  - ❑ If you have any medications/medical conditions, please let the Youth Programs Directors know!
  - ❑ Flip flops for showers
- ❑ Writing Utensil, Journal, & Open mind ready to learn
- ❑ Respectful casual clothing for two days and two nights (bring a sweatshirt since the rooms can get cold), and 1 nice outfit for our Field Trip to the Governor's Mansion.
  - ❑ All are encouraged to wear comfortable clothes, as Camp Istrouma is an outdoors-y ground.
  - ❑ Ladies: no leggings or short shorts!
  - ❑ Men: no muscle shirts!
- ❑ Acoustic musical instruments (no loud music in cabins though)
  - ❑ We will be having a Talent Show.
- ❑ Outdoor activities: frisbees, soccer/footballs, tennis shoes, etc.
  - ❑ Flashlight, insect repellent, rain jacket also encouraged.
- ❑ Camera and Chargers because we want to see your photos! [#PreauxLifePulse](#)

### What NOT to Bring:

- We are fine with you using your phone occasionally during the weekend. However, phones should never be used during sessions and should be used with moderation at other times. Let your friends know that you are going to be at a camp and unavailable for the most part.
- No laptop computers allowed.
- Don't bring snacks and drinks (no food in rooms)
- No drugs, alcohol, or cigarettes
  - There will be a penalty if found with any of these.

