PULSE Leadership Institute

July 8-12 | Timothy Retreat Center 13922-13974 Woodward Drive, Baker, LA 70714

Visit <u>www.ProLifePulseLA.com</u> for necessary forms for THIS camp

What to know about PULSE and the Schedule:

There are two separate "tracks" for high school and college students. Pro-life college students will also assist with the weekend, but adult chaperones will be present at all times.

If you are participating in the college track, please email mia@prolifelouisiana.org concerning check-in details.

Registration take place from 3PM—4PM, and the first session will begin promptly at 4:30PM. Please have your general release/ media release form signed by your parent or guardian. Registration will be in the main room (see map below, pointed to in red).

Parents are invited to attend our Commission Ceremony at 12:30 PM on Friday, July 12th. The program will end at 2:00 PM. Lunch will be provided. College students are invited to stay afterwards to help with clean up and take down.

PULSE is open to all religious denominations AND non-religious people, as it is a secular look at the human rights issues of our time, although some speakers may have a Christian perspective.

Important Contact Information

Youth Programs Office 1-866-463-5433

• Mia Bordlee, Youth Programs Director

Cell: 504-913-4703 Email: mia@prolifelouisiana.org

• Dustin Bertrand, Youth Outreach Director

Cell: 337-652-2016 Email: dustin@prolifelouisiana.org

Please call or email us with any questions or concerns.

What to Bring:

- ALL REQUIRED FORMS FILLED OUT WITH PARENT/GUARDIAN SIGNATURE***
 - **Registration form** (can be completed online, by mail, or in person)
 - LA Right to Life requires a **general release/ media release form**
 - Timothy Retreat Center requires all registrants **13 years of age** submit a parent signed addendum
- ALL toiletries & personal needs (Soap is not provided at Timothy)
 - If you have any medications/medical conditions, please let Mia and Dustin know!
- Writing utensil, journal, & open mind ready to learn
- Respectful casual clothing for five days and four nights (bring a sweatshirt since the rooms can get cold).
 - --All are encouraged to wear comfortable clothes
 - --Ladies: no leggings or short shorts!
 - --Men: no muscle shirts!
 - -- We will be visiting the State Capitol. Students will be given a PLI shirt to be worn this day along with appropriate pants (jeans are acceptable) or a modest skirt with appropriate shoes.
 - -- Please note: camp shirts are white so pack accordingly
- Acoustic musical instruments (no loud music)
 - --We will be having a talent show.
- Outdoor activities: Frisbees, soccer/footballs, tennis shoes, etc.
 - --Flashlight, insect repellent, rain jacket also encouraged.
- Camera and Chargers because we want to see your photos! #PreauxLifePulse

What NOT to Bring:

- Timothy retreat center will provide sheets and towels
- We are fine with you using your phone occasionally during the weekend.
 However, phones should never be used during sessions and should be used with moderation at other times. Let your friends know that you are going to be at a camp and unavailable for the most part.
- No laptop computers allowed.
- Don't bring snacks and drinks (no food in rooms)
- No drugs, alcohol, or cigarettes
 - --There will be a penalty if found with any of these.

